

Army addresses head injuries

THE ASSOCIATED PRESS

WASHINGTON — The Army is trying to teach all of its soldiers to recognize symptoms of brain injuries and post-traumatic stress disorder — and to not be ashamed of seeking treatment for the signature injuries of the Iraq war.

The Pentagon also said Tuesday it would increase the number of R&R days troops can take while serving in Iraq and Afghanistan.

Beginning today, service leaders will start a program to educate more than 1 million soldiers within 90 days, whether at home or deployed overseas, including active duty soldiers, the Army Reserve and the Army National Guard. The program also will be made available to families.

The key messages are that mild traumatic brain injuries and post-traumatic stress disorder are serious, and soldiers

should seek treatment, said Lt. Gen. James Campbell, director of the Army staff.

In groups of about 40 people each, everyone is to receive a one-hour class on brain injuries and stress, in which teachers will be equipped with videos, slides and a list of expected questions and answers.

The effort is one of many being made by the Army and the Department of Defense to try to keep up with the wounded from Iraq and Afghanistan.

UNITED STATES DISTRICT COURT DISTRICT OF NEW JERSEY

RENEE MCCOY, individually and on behalf of all others similarly situated,
Plaintiff,

v.

HEALTH NET, INC., HEALTH NET OF THE NORTHEAST, INC. and HEALTH NET OF NEW JERSEY, INC.,
Defendants.

Civ. Docket No. 03-1801
Hon. Faith S. Hochberg, U.S.D.J.

ZEV and LINDA WACHTEL, individually and on behalf of their minor children, TORY, JESSE and BRETT WACHTEL, and on behalf of all others similarly situated,
Plaintiffs,

v.

HEALTH NET, INC., HEALTH NET OF THE NORTHEAST, INC. and HEALTH NET OF NEW JERSEY, INC.,
Defendants.

Civ. Docket No. 01-4183
Hon. Faith S. Hochberg, U.S.D.J.

ORDER

SUMMARY NOTICE OF PENDENCY OF CLASS ACTIONS

TO: ALL PERSONS IN THE UNITED STATES WHO ARE, OR WERE, FROM APRIL 1, 1997 TO AUGUST 31, 2004 SUBSCRIBERS OR BENEFICIARIES IN ANY LARGE OR SMALL EMPLOYER PLAN, OTHER THAN IN A NEW JERSEY SMALL EMPLOYER PLAN, WHO RECEIVED MEDICAL SERVICES OR SUPPLIES (INCLUDING, INTER ALIA, SURGERY, ANESTHESIA, AND THE LIKE) FROM AN OUT-OF-NETWORK PROVIDER AND FOR WHOM DEFENDANTS MADE REIMBURSEMENT DETERMINATIONS LESS THAN THE PROVIDERS' ACTUAL CHARGE (THE MCCOY CLASS); AND

ALL PERSONS IN THE UNITED STATES WHO ARE, OR WERE, FROM JULY 1, 1995 TO AUGUST 31, 2004 SUBSCRIBERS OR BENEFICIARIES OF ANY NEW JERSEY SMALL EMPLOYER PLAN, WHO RECEIVED MEDICAL SERVICES FROM AN OUT-OF-NETWORK PROVIDER AND FOR WHOM DEFENDANTS MADE REIMBURSEMENT DETERMINATIONS LESS THAN THE PROVIDERS' ACTUAL CHARGE (THE "WACHTEL CLASS").

This Notice is provided to you pursuant to Rule 23(c) of the Federal Rules of Civil Procedure and by Order of the United States District Court for the District of New Jersey. A Notice of Pendency of Class Actions has been mailed to all persons believed to be members of the Wachtel and McCoy classes informing such members of the certification of two consolidated class action lawsuits, now pending in the District of New Jersey, that have been brought on behalf of the two classes described above. The class action complaints name as defendants Health Net Inc., Health Net of the Northeast, Inc., and Health Net of New Jersey, Inc. ("Defendants").

If you are a member of either the Wachtel or McCoy classes identified above, your rights may be affected by these consolidated actions. You have, among other things, the right to exclude yourself from these class actions by submitting a written request for exclusion postmarked no later than September 10, 2007, in accordance with the instructions set forth in the Notice of Pendency of Class Actions. If you believe that you are a member of either the Wachtel or McCoy classes and have not received a copy of the Notice of Pendency of Class Actions, you should obtain this notice by contacting the Claims Administrator by mail at: Health Net Class Action Litigation, c/o Berdon Claims Administration LLC, PO Box 9014, Jericho, New York 11753-8914; by fax at: (516) 931-0810; by phone at: (800) 766-3330; or via the website at www.berdonclaims.com.

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DO NOT TELEPHONE THE CLERK OF THE COURT OR THIS COURT.

Dated: July 18, 2007

BY ORDER OF
THE UNITED STATES DISTRICT COURT
DISTRICT OF NEW JERSEY